

Suzanne Farmer

2045 Harvard Street, Halifax NS

Phone: (902) 407-4455

E-mail: info@cornerstoneclinic.ca

Curriculum Vitae

EDUCATION

Acadia University <i>Master's of Science, Clinical Psychology</i>	2011 - 2013
4.0 GPA. Coursework included ethics, advanced research methods and design, and clinical skills training in psychotherapy, personality assessment, and cognitive assessment. A 500-hour practicum and thesis were program requirements.	
Saint Mary's University Executive and Professional Development <i>Certificate in Negotiation, Mediation and Conflict Resolution</i>	2009 - 2010
Mount Saint Vincent University <i>Bachelor of Science (Honours), Psychology</i>	1996 - 2002
4.06 GPA. Psychology coursework included development, social, cognitive, behavioral, and abnormal psychology, as well as research design, statistics, and ethics. Elective courses included physiology and nutrition based on an interest in the relationship between physical and mental health. A one-year thesis was a program requirement.	
Nova Scotia Community College <i>Business Information and Technology</i>	1994 - 1995
Coursework included communications, software applications, and business.	

WORKSHOPS

Emotionally Focused Therapy for Couples <i>4-Day Externship</i>	2013
Acceptance and Commitment Therapy	2013

PROFESSIONAL EXPERIENCE

<p>Partners for Healthier Weight <i>Psychologist, Candidate Register</i></p> <p>Facilitate adult learning regarding healthy lifestyle change, including coping with stress and emotions, journaling, body image, and motivation. Provide individual therapy services, and readiness assessments.</p>	<p>02/2014 - Present</p>
<p>Cornerstone Psychological Services <i>Psychologist, Candidate Register</i></p> <p>Individual and couples therapy for a variety of issues, including anxiety, depression, lifestyle change, motivation, trauma, communication difficulties, relationship difficulties, and infidelity.</p>	<p>07/2013 - Present</p>
<p>Kentville Mental Health <i>Practicum, Adult Mental Health Team</i></p> <p>Under the supervision of 2 senior psychologists, completed individual and group therapy, as well as personality and cognitive assessment with adult clients. Administrative duties, such as documentation, follow-up, and communication/consultation with other health care providers were completed in a timely manner.</p>	<p>10/2012 - 04/2013</p>
<p>Acadia University <i>Research Assistant</i></p> <p>Approached diabetes clinics as potential participant recruitment sites, completed ethics applications, and created webpages for a 2-phase study on the credibility of health information providers.</p>	<p>07/2012 - 10/2012</p>
<p>Acadia University <i>Teaching Assistant</i></p> <p>Marked papers, assignments, tests, and exams for both Neuropsychology and Research Methods and Design classes. Proctored introductory and cognitive psychology exams.</p>	<p>09/2011 - 04/2012</p>
<p>NS Department of Agriculture <i>Coordinator: Planning and Corporate Services, Policy and Planning Division</i></p> <p>Researched and implemented corporate service needs including all property requirements, supervised reception services, advised policy staff regarding HR policies, organized departmental events, and participated in special projects such as the Dalhousie/Agricultural College merger.</p>	<p>08/2008 - 08/2011</p>

COMMITTEE AND VOLUNTEER EXPERIENCE

NS Department of Agriculture	08/2008 - 08/2011
Led a departmental health promotion committee and participated on a similar government-wide committee; work that included disseminating information and coordinating activities and contests that promoted physical activity in and out of the workplace.	
Nova Scotia Hospital	08/2010 - 08/2011
Recreational Therapy Volunteer, Acute Care Ward	

PROFESSIONAL ASSOCIATION MEMBERSHIPS

Association of Psychologists of Nova Scotia	2013
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